

**VERONICA FRUIHT**  
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### **APPOINTMENTS**

2016-           **Assistant Professor**  
Dominican University of California, San Rafael, CA  
2014-2016   **Assistant Professor**  
University of Wisconsin-Whitewater, Whitewater, WI  
2014           **Lecturer**  
California State University, Long Beach, CA  
2012-2014   **Lecturer**  
Santa Ana College, Santa Ana, CA  
2012-2014   **Lecturer**  
California State University, Fullerton, CA

### **EDUCATION**

**Ph.D.**           Claremont Graduate University, Claremont, CA  
2014           Positive Developmental Psychology  
**M.A.**           Claremont Graduate University, Claremont, CA  
2010           Positive Developmental Psychology  
**B.S.**           California Polytechnic State University, San Luis Obispo, CA  
2007           Psychology, Magna Cum Laude

### **PUBLICATIONS & MANUSCRIPTS**

Miranda-Chan, T.,\* **Fruiht, V.**,\* Dubon,V., & Wray-Lake, L. (2016). The functions and longitudinal outcomes of adolescents naturally occurring mentorships. *American Journal of Community Psychology*, 57, 47-59. doi: 10.1002/ajcp.12031

**Fruiht, V.** (2015). Supportive others in the lives of college students and their relevance to hope. *Journal of College Student Retention: Research, Theory & Practice*, 16, 64-87. doi: 10.1177/1521025115571104

**Fruiht, V.** (2014). *Beyond Wills and Ways: Expanding the Scope of Snyder's Hope Model to Understand the Transmission of Hope Through Developmental Relationships*. (Doctoral dissertation). Available from ProQuest Dissertations & Theses Global: Social Sciences. (Order No. 3668014)

\*denotes authors contributed equally to this work

**Fruiht, V. & Wray-Lake, L. (2013).** The role of mentor type and timing in predicting educational attainment. *Journal of Youth and Adolescence*, 42, 1459-1472. doi: 10.1007/s10964-012-9817-0

**Fruiht, V. (2010).** *Finding the will and the ways: How using character strengths can make adolescents more hopeful.* (Unpublished master's thesis). Claremont Graduate University, Claremont, CA.

Guthrie, D. & **Fruiht, V.** (under review). the influence of involvement, campus climate, and on campus support in predicting educational outcomes for underrepresented minority students. *Journal of College Student Development.*

Guthrie, D. & **Fruiht, V.** (under review). On campus social support and hope as unique predictors of academic success in college students. *Journal of Higher Education.*

**Fruiht, V.** (in preparation). Quality or quantity? The role of mentoring in predicting undergraduate student development. *Journal of College Student Development.*

**Fruiht, V. & Chan, T.** (in preparation). Naturally occurring mentoring relationships of first-generation college students. *American Journal of Community Psychology.*

## **ORAL PRESENTATIONS & SCHOLARLY POSTERS**

**Fruiht, V., & Chan, T.** (2017, April). *Naturally occurring mentors of first-generation college students.* Symposium talk presented at the Society for Research on Child Development in Austin, TX.

**Fruiht, V.** (2017, February). *Hope: A practice and a gift.* Talk presented at Gather@Grand with the Dominican Sisters in San Rafael, CA.

**Fruiht, V.** (2016, March). *An exploration of the informal mentoring relationships of community college students.* Symposium talk presented at the Society for Research on Adolescence in Baltimore, MD.

Miranda-Chan, T.,\* **Fruiht, V.,\*** Dubon, V., & Wray-Lake (2016, March). *The functions and longitudinal outcomes of adolescents naturally occurring mentorships: A mixed methods approach.* Symposium talk presented at the Society for Research on Adolescence in Baltimore, MD.

**Fruiht, V.** (2015, June). *Training teachers to do good work: A case study of excellence, ethics, and engagement in teacher education.* Symposium talk presented at the International Congress of Positive Psychology in Lake Buena Vista, FL.

- Fruiht, V.** (2015, June). *Beyond wills and ways: Investigating what it means to be hopeful and the transmission of hope through developmental relationships*. Poster presented at the International Congress of Positive Psychology in Positive Psychology in Lake Buena Vista, FL.
- Fruiht, V.** (2013, July). *Supportive others in the development of four-year and community college students*. Poster presented at the International Congress of Positive Psychology in Los Angeles, CA.
- Fruiht, V. & Wray-Lake, L.** (2012, March). *Do who and when matter? The mentor type and timing Interaction in naturally occurring mentoring relationships*. Poster presented at Society for Research on Adolescence Biennial Meeting, Vancouver, BC.
- Fruiht, V.** (2011, July). *Hope and the practice of character strengths among adolescents*. Poster presented at the International Congress of Positive Psychology in Philadelphia, PA.
- Ko, I., Dias, S., Koch, J., **Fruiht, V.**, Branand, B., Chan, T., & Nakamura, J. (2011, April). *The relationship between work-home interference and job/life satisfaction: Mediating effects of meaning and flow*. Poster presented at the annual meeting of the Western Psychological Association, Los Angeles, CA.

## TEACHING

Dominican University of California

- Critical Thinking (1 section)
- Child and Adolescent Development (1 section)
- Directed Research I & II (1 section)
- Statistics (1 section)
- Positive Psychology (1 section)

University of Wisconsin-Whitewater

- Individual and Society (11 sections)
- Introduction to Psychology (1 section)
- Psychology of Adolescence (4 sections)
- Graduate Seminar: Learning in Educational Contexts (2 sections)
- Developed new course: Positive Psychology

California State University, Long Beach

- Human Cognition (1 section)

Santa Ana College, CA

- Introduction to Psychology (7 sections)
- Honors Introduction to Psychology (1 section)

California State University, Fullerton, CA  
Cognitive Psychology (3 sections)  
Laboratory in Cognitive Psychology (4 sections)  
Computer Applications in Psychology (2 sections)  
Psychology of Aging (2 sections)

Teaching Assistant to Dr. William Crano, Claremont Graduate University  
Graduate Research Methodology (1 section)

### **RESEARCH TRAINING**

2012-2014     **Project Manager**, Sources of Good Mentoring Study, Dr. Jeanne Nakamura & Dr. Mihaly Csikszentmihalyi, Claremont Graduate University  
2009-2011     **Research Associate**, Sources of Good Mentoring Study, Dr. Jeanne Nakamura & Dr. Mihaly Csikszentmihalyi, Claremont Graduate University  
2010-2011     **Positive Developmental Research Practicum**, Dr. Laura Wray-Lake  
Claremont Graduate University  
2007           **Undergraduate Research Assistant**, Dr. Jasna Jovanovic  
California Polytechnic State University

### **AWARDS AND HONORS**

2017           College of Arts Humanities and Social Sciences Curricular and Pedagogical  
Innovation Fellowship Recipient

### **PROFESSIONAL SERVICE**

2016-2017     **Council of Representatives**, Western Psychological Association  
2016-2017     **Media and Communications Committee**, Society for Research on Adolescence  
2015-2017     **Reader**, Advanced Placement Psychology Exam, Educational Testing Service  
2015-2017     **Ad hoc reviewer**, *Journal of Happiness Studies*  
2015           **Ad hoc reviewer**, *Journal of Research in Higher Education*

### **DEPARTMENTAL & UNIVERSITY SERVICE**

2017-2018     **Committee member**, Space and Facilities Committee, Dominican University of  
California  
2017           **Honors Faculty Fellow**, Dominican University of California  
2016           **Representative**, Institutional Review Board, Dominican University of California  
2015-2016     **Faculty Advisor**, Psychology Club and Psi Chi International Honors Society in  
Psychology, University of Wisconsin, Whitewater  
2015-2016     **Committee member**, College of Letters and Sciences Inclusive Excellence  
Committee, University of Wisconsin, Whitewater  
2015-2016     **Committee member**, Department of Psychology Curriculum Committee,  
University of Wisconsin, Whitewater

## COMMUNITY OUTREACH

- 2017           **Troop Leader**, Girl Scouts of Northern California Troop #10958  
2015           **Faculty Member**, Positive psychology summer camp for high school students,  
University of Wisconsin-Whitewater  
2015           **Volunteer**, Girl Scouts South East Wisconsin  
2012-2014     **iFalcon Coaching Corps Program Development and Training Consultant**  
Cerritos College, Norwalk, CA  
2012-2014     **Volunteer**, Girl Scouts of Greater Los Angeles  
2011-2012     **Counseling Apprentice IV: Success Guide**, Chaffey College, Rancho  
Cucamonga, CA

## SUPERVISED STUDENTS' SCHOLARLY PRESENTATIONS

- Bradley, M. (2016, March) *A strengths-based approach to improving self-esteem and life-satisfaction*. Poster presented at the Wisconsin School Psychologists Association Spring Conference in Wisconsin Dells, WI.
- Cardenas, M. R. (2017, April). *Coloring not just for kids: Testing the effectiveness of mandala coloring in reducing anxiety*. Poster presented at the National Conference for Undergraduate Research in Memphis, TN.
- Cardenas, M. R. (2017, April). *Coloring not just for kids: Testing the effectiveness of mandala coloring in reducing anxiety*. Poster presented at the Western Psychological Association convention in Sacramento, CA.
- Fink, M. (2017, April). *Are there too many fish in the sea? A dive into online dating*. Poster presented at National Conference for Undergraduate Research in Memphis, TN.
- Jackson, Amber. (2017, April). *Misleading information in social media news: How bias affects perceptions*. Poster presented at the Western Psychological Association convention in Sacramento, CA.
- Murrietta, K. (2017, April). *The effects of gender, age, and duration on exercise motivation*. Paper presented at National Conferences on Undergraduate Research in Memphis, TN.
- Tennant, L. (2017, April). *Stress reducing effects of indoor plants in a classroom setting*. Poster presented at the Western Psychology Association Convention in Sacramento, CA.

## SUPERVISED RESEARCH ASSISTANTS

Dominican University of California  
Danielle Davis (2016-2017), Samantha Easley (2016-2017)

University of Wisconsin-Whitewater  
Isaiah Nordeng (2016), Paige Buchannan (2015), Danielle Bernier (2014)

California State University, Fullerton  
Aaron Watenmaker (2013), Analyeli Garfias (2012)

### **RELATED PROFESSIONAL TRAINING**

2010 Graduate Level Certificate *Preparing Future Faculty*  
2009 VIA Character Institute Values in Action Intensive Training Seminar

### **PROFESSIONAL AFFILIATIONS**

Western Psychological Association  
International Positive Psychology Association  
Society for Research on Adolescence  
Psi Chi Honors Society in Psychology

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